

# Social Emotional Learning Themes

(www.CASEL.org)

	K-2	3-5	6-8	9-10	11-12
Self-Awareness	Emotions Likes and Dislikes Support Systems	Strengths & Growth Trust Responsibility	Communication Stress Responsibility	Emotional Triggers Learning Styles Service Learning	Perspective Authenticity Servant Leadership
Self-Management	Safety Self-Control Truths and Lies	Self-Control Positive Self-Talk Honesty	Resiliency Integrity Goal Setting	Perspective Core Values Support Systems	Vulnerability Integrity Goal Setting
Social Awareness	Kindness & Helping Similarities & Differences	Body Language Acceptance Persistence	Stereotyping Encouragement/Listening Peer Pressure	Empathy Respect Diversity	Allyship Citizenship
Relationship Skills	Honesty Listening Conflict	Listening Conflict Resolution	Collaboration Support Systems	Conflict Resolution Boundaries Mentorship	Success Empowerment Conflict Resolution
Responsible Decision-Making	Fairness Problem Identification	Decision-Making Time Management	Compassion Decision-Making	Advocacy Decision-Making	Equity Problem-Solving

